

FGCU And Campus Recreation Present
THE EAGLE VALOR 5K
 5K Road Race and 5k Trail Run



FGCU, CampusRec, Estero Fire Rescue and the San Carlos Park Fire District are proud to present the Eagle Valor 5k event. Benefits from the race proceeds will go to the Lee County Emergency Workers Charitable Fund. Participants may register to run either one or two races; a 5k road race around the main campus or a 5k trail run.

Race Registration and Entry Information

To register, mail in the tear off section of this brochure or register online at the Fort Myers Track Club website (www.ftmyerstrackclub.com). Runners may also register in-person at the FGCU Recreation Center or on the day of the race. All registered runners will receive a free technical Valor 5k t-shirt.

Race Packet Pickup

Race packets may be picked up at the FGCU Fitness Center from 4pm-8pm on Thursday, April 7th and Friday, April 8th, or Saturday, April 17 at 6am on the Campus Recreation playing fields.

Race Day Locator Map



Event Pricing

**Please make checks payable to FGCU Campus Recreation*

Pre-registration Pricing:	Non-Affiliate	Affiliate
Road Race	\$20	\$18
Trail Run	\$20	\$18
Road Race / Trail Run	\$36	\$30

Race Day Pricing:	Non-Affiliate	Affiliate
Road Race	\$25	\$20
Trail Run	\$25	\$20
Road Race / Trail Run	\$45	\$35

**** All fees are non - refundable and non - transferable**



.....

Name: _____ Gender: _____

DOB: _____

Street address (Include Apt. No and or C/O) _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____ Shirt size: XS S M L XL Event(s) attending: 5k road race 5k trail run
Please circle race(s)

WAIVER OF LIABILITY:
 I know that participating in this walking/running event is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I understand that while every reasonable precaution is taken, accidents may occur. Therefore, I understand and acknowledge that I am waiving and releasing Florida Gulf Coast University and FGCU Campus Recreation and Fort Myers Track Club and its staff members and all volunteers from any and all liability for any injury, loss, or damage while participating in this event. I am voluntarily assuming all risks with participating in this event including, but not limited to, falls, effects of weather, rough trail conditions, and traffic. By submitting this application, I agree to the above waiver of liability of Estero Rescue and SCPD.

Signature _____ Guardian (if under 18) _____ Amount enclosed: _____ Date: _____

Address:

FGCU Campus Recreation
 c/o Jason Davis- Fitness Center
 10501 FGCU Blvd. S.
 Ft. Myers, FL 33965



FLORIDA
 GULF COAST
 UNIVERSITY

Event Start Times

5k Road Race - 7:15 am: The Road Race event will begin at the recreation fields and traverse the FGCU "loop road".

5k Trail Run - 8:15 am: The Trail Run will navigate the FGCU Wilderness Trails across from the recreation fields.

Race Timing Information

Scoring and results provided by Chronotrack B-Tag Timing System. Chip transponders will not be scored. B-Tag will be included in the race packet. All timing will be performed by the Fort Myers Track Club.

5k Race Award Categories

Female	Male
15 and under	15 and under
16-19	16-19
20-24	20-24
25-29	25-29
30-34	30-34
35-39	35-39
40-44	40-44
45-49	45-49
50-54	50-54
55-59	55-59
60-64	60-64
65-69	65-69
70+	70+



Overall Awards

Overall male and female top 3, plus winners of Masters, Grandmasters and Senior Grandmasters divisions. Awards given to top 3 in the corresponding age groups. Overall awards are only presented to 5K participants

Contact:

Jason Davis- Recreation Center Coordinator
 (239)590 - 7333 or at jdavis@fgcu.edu

Runner's *Stake your Mark* For the

THE EAGLE
VALOR
5K

5k Road Race and 5k Trail Run
 April 9, 2011

